


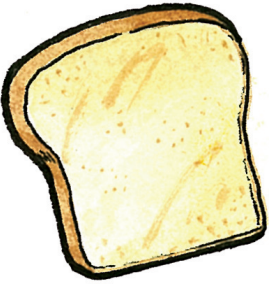







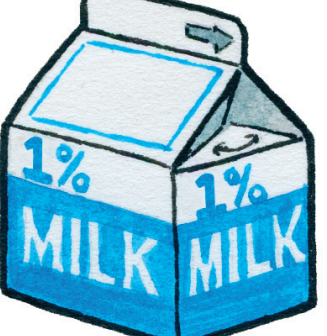

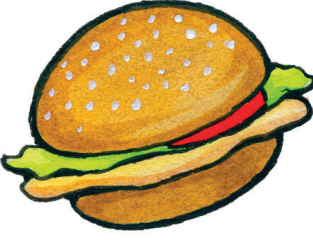
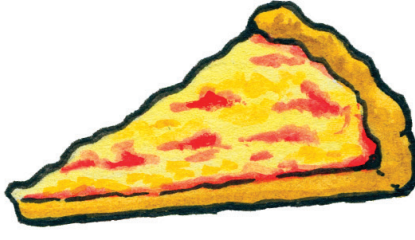
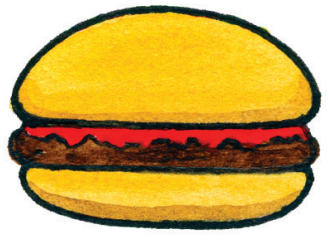


# School Lunch Minimum Daily Meal Requirements

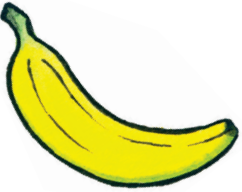


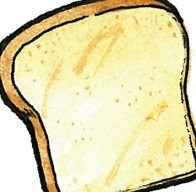


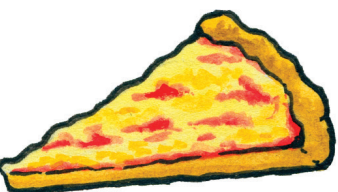


5 food groups must be OFFERED with each lunch meal. Students may take ALL of these food groups on their tray

PROTEIN	GRAIN	VEGETABLE	FRUIT	MILK
 	 	  	  	  
<p>These 2 food groups are often paired up together as an "entrée."</p>   				

## OFFER VS. SERVE RULES

- To count as a reimbursable meal, students must select at least 3 food groups.
- At least ONE of those food groups MUST be a fruit or a vegetable in a ½ - cup portion size

## MEAL EXAMPLES

 +  = <b>MEAL</b> <small>Fruit</small> <small>Grain and Protein</small>	 +  +  = <b>MEAL</b> <small>Fruit</small> <small>Grain</small> <small>Milk</small>
 +  = <b>MEAL</b> <small>Fruit</small> <small>Grain and Protein</small>	 +  = <b>NOT A MEAL</b> <small>Grain and Protein</small> <small>Milk</small> <b>(No Fruit or Vegetable)</b>

If a student does NOT select a reimbursable meal, they MUST pay the à la carte prices for their food items.

